FEAR INVENTORY WORKSHEET

	A	B	C	D	E	F	G	H	I	J	K	L	M
1	**List of all fears: Fear of being...**	**Why do I have this fear?**	**Why do I have this fear?**	**Why do I have this fear?**	**Why do I have this fear?**	**Why do I have this fear?**	**Why do I have this fear?**	**Why do I have this fear?**	**Why do I have this fear?**	**Why do I have this fear?**	**Why do I have this fear?**	**Why do I have this fear?**	**Why do I have this fear?**
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