

BBA Workshop & 12 Step Sponsorship Guide

Guide General Instructions, Supplies & Step Partners:

Dan's Website where you can order the BBA workbook is: www.bigbookawakening.com

All the **Big Book Awakening (BBA)** materials – sponsorship guide, sponsee assignments, 4th Step Examples Sheets, Transcripts of Dan's Step 6 & 7 talk, all recorded workshops, and BBA contacts are available to download for free from the following website: www.bbaworks.com

Intro Meeting

Try to set up a regular same time two hour meeting once a week (example: Sunday 2 – 4pm).

It usually takes about 20 – 26 weeks to read the *Big Book* and do all the 12 steps. I use the *Idiot's Guide to the 12 Steps* for steps 1, 2, and 3 and the entire *Big Book Awakening (BBA)*.

(For a new experience, instead of answering the questions in the *Idiot's Guide*, answer the questions in the BBA.)

The following is a basic outline of how I do the work with sponsees. I suggest that the sponsor gives the sponsee one assignment at a time so as not to overwhelm them. Spend time going over each assignment. Be sure your sponsee thoroughly understands each assignment.

I have found it really helpful to start our meetings with prayer and a 5 minute meditation and finish the same way.

1 week before the first meeting:

Date: _____

I go over how to put *Big Book Awakening (BBA)* in the *AA Big Book* and give the first assignment to the sponsee.

Assignment 1:

- A. In the *AA Big Book*, read everything up through the last Forward (xxiv).
- B. Read the *BBA* page 1 – 8 and put everything in your *AA Big Book* as per instructions, as you read it.

Meeting 1:

Date: _____

1. I go over the significance of the Preface and the Forwards and explain the significance of the circle in the triangle as per the *BBA*.
2. When you're finished, go over the next assignment (make sure they are clear).
3. Schedule the next 2 hour meeting for the next week.

Assignment 2:

- A. In the *AA Big Book*, read the Doctor's Opinion on pages xxv – xxxii.
- B. As you read *BBA* pages 9 – 13, put them in the Doctor's Opinion of the *AA Big Book*. (I show them how I did it in my *AA Big Book* and how I abbreviate as in "do I believe" it is DIB).
- C. In the *Idiot's Guide*, read pages 2-5 and answer the questions on pages 6 – 9, questions 1 – 10.

Meeting 2:**Date:** _____

1. We read the DOCTOR'S OPINION one paragraph each, sharing our experience turning statements into questions (example: Did I control/fix/obsess/people please for ease and comfort?).
2. When you're finished reading, have your sponsee/step partner read all the questions and answers from the first assignment in the *Idiot's Guide*.
3. Go over the next assignment and schedule the next meeting in one week.

Assignment 3: (1st part of Bill's Story)

- A. In the *AA Big Book*, read the first part of Bill's story, page 1 through the top paragraph of page 9.
- B. As you read *BBA* pages 14 – 16, put them into pages 1 – 8 of the *AA Big Book*.
- C. In the *Idiot's Guide*, pages 10 – 13, answer questions 1 – 17.

Meeting 3:**Date:** _____

1. Meet with the sponsee and do the same as last time.
2. In the *AA Big Book*, read the first part of "Bill's Story," pages 1-9.
3. Hear the sponsee's questions and answers from the *Idiot's Guide*.

Assignment 4: (2nd part of Bill's Story)

- A. In the *AA Big Book* read the second part of "Bill's Story," pages 9 (first paragraph)-16.
- B. As you read *BBA* pages 17 – 18, put them in your *AA Big Book* pages 9-16.
- C. In the *Idiot's Guide*, page 14, answer questions 18-21.

Meeting 4:**Date:** _____

1. Meet with the sponsee and do the same as last time.
2. Read second part of "Bill's Story," pages 9 (first paragraph)-16.
3. Hear the sponsee's questions and answers from the *Idiot's Guide*.

Assignment 5:

- A. In the *AA Big Book* read "There is a Solution" pages 17 – 22.
- B. As you read *BBA* pages 19 – 23, put them in your *AA Big Book*.
- C. In the *Idiot's Guide*, pages 15 – 17, answer questions 22 – 28.

Meeting 5:

Date: _____

1. Meet with the sponsee and do the same as last time.
2. Read "There is a Solution," pages 17 – 22.
3. Hear the sponsee's questions and answers from the *Idiot's Guide*.

Assignment 6:

- A. In the *AA Big Book* read "There is a Solution" pages 23 – 29.
- B. As you read *BBA* pages 24 – 27, put them in your *AA Big Book*.
- C. In the *Idiot's Guide*, page 17-18, answer questions 29 – 34.

Meeting 6:

Date: _____

1. Meet with the sponsee and do the same as last time.
2. Read "There is a Solution," pages 23 – 29.
3. Hear the sponsee's questions and answers from the *Idiot's Guide*.

Assignment 7:

- A. In the *AA Big Book* read "More About Alcoholism," pages 30 – 37 (through 1st paragraph).
- B. As you read *BBA* pages 28 – 31 (middle of page where it says **insane**), put them in your *AA Big Book*.
- C. In the *Idiot's Guide*, page 18, answer questions 35 & 36.

Meeting 7:

Date: _____

1. Meet with the sponsee and do the same as last time.
2. Read "More About Alcoholism," pages 30 – 37 (through 1st paragraph).
3. Hear the sponsee's questions and answers from the *Idiot's Guide*.

Assignment 8:

- A. In the *AA Big Book* read "More About Alcoholism," pages 37 – 43.
- B. As you read *BBA* pages 31 – 33, put them in your *AA Big Book*.
- C. In the *Idiot's Guide*, pages 18-19, answer questions 37 - 39.

Meeting 8:

Date: _____

1. Meet with the sponsee and do the same as last time.
2. Read "More About Alcoholism," pages 37 – 43.
3. Hear the sponsee's questions and answers from the *Idiot's Guide*.